

# PERSONAL WELLBEING INDEX

Indians report improved satisfaction with their spirituality and religion

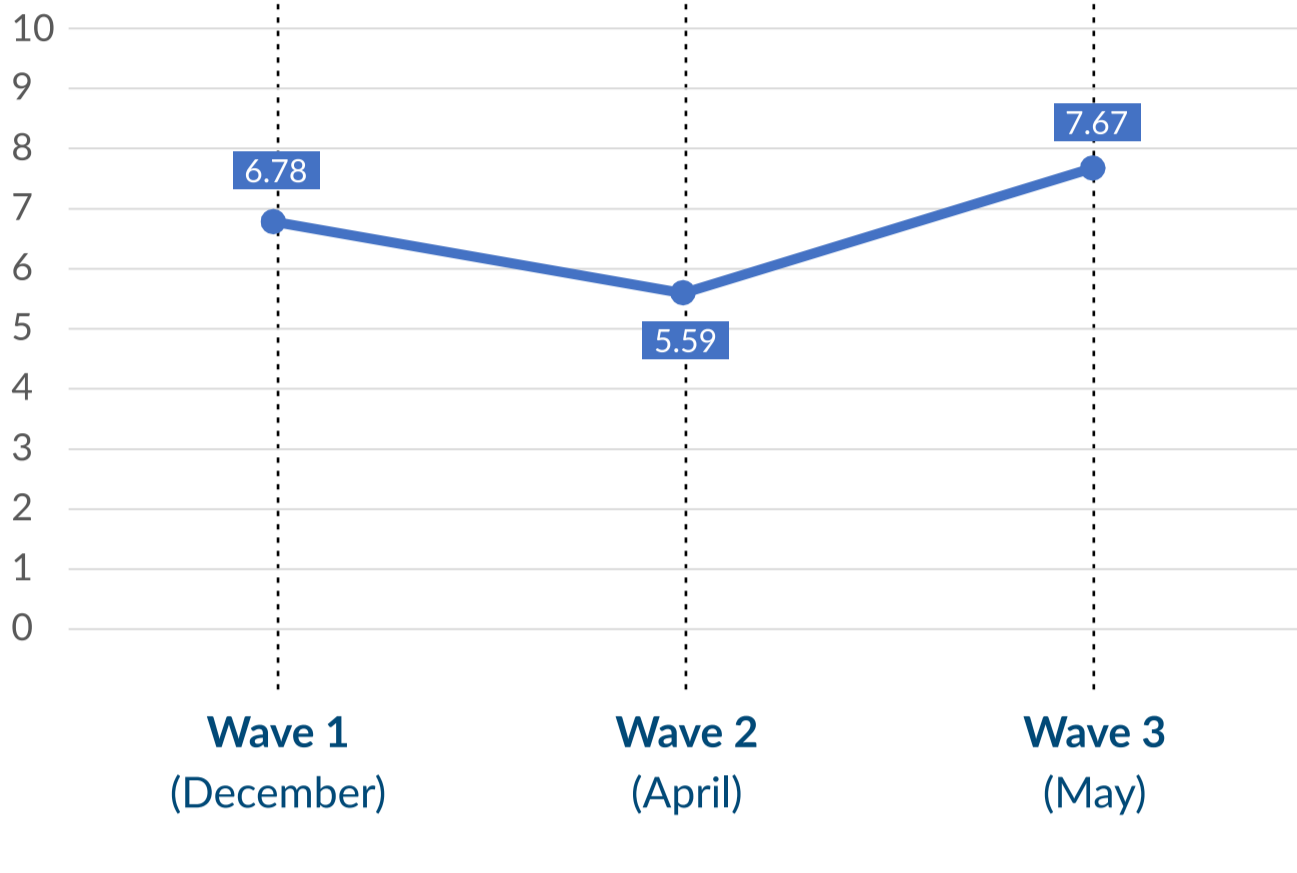
Team CVoter conducted a series of surveys in December 2019, April 2020 and May 2020 to find out the Personal Wellbeing Index (PWI) of Indians across the country. The PWI asks respondents about their levels of satisfaction corresponding to different domains in their life such as their standard of living, health, personal relationships, future security and others.

Respondents rate their levels of satisfaction on a scale of 0 (least satisfied) to 10 (most satisfied) for all domains.

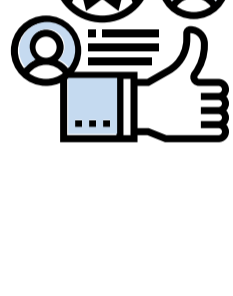
In today's infographic, Team Polstrat breaks down how Indians' satisfaction with their spirituality or religion has improved during the Coronavirus crisis.



## Q How satisfied are you with your spirituality or religion?

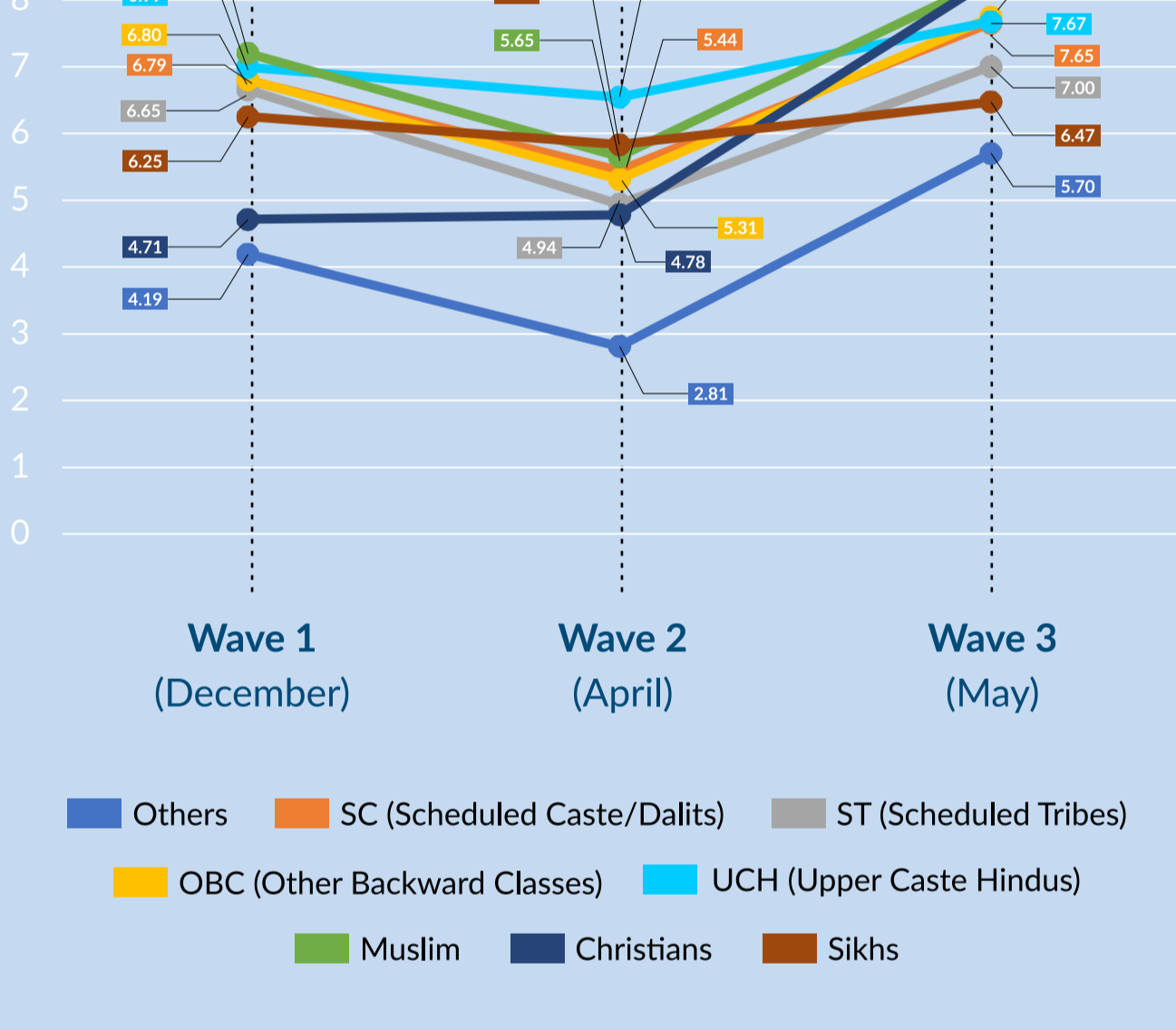


## Key Findings



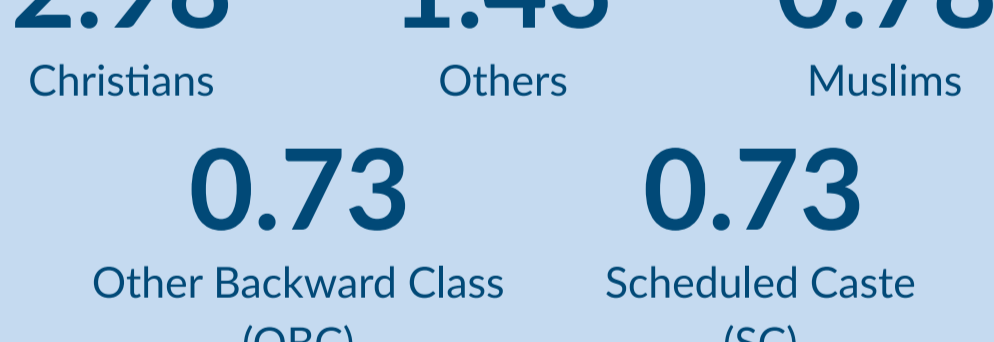
Indians reported a higher level of satisfaction with their spirituality or religion in Wave 3 (May 2020) than before the Coronavirus (December 2019). There was a slight decline in satisfaction in Wave 2 (April) right after the lockdown had been put into effect. However, these figures recover substantially in the next wave of the survey undertaken in May.

## Who is most satisfied with their spirituality/religion?

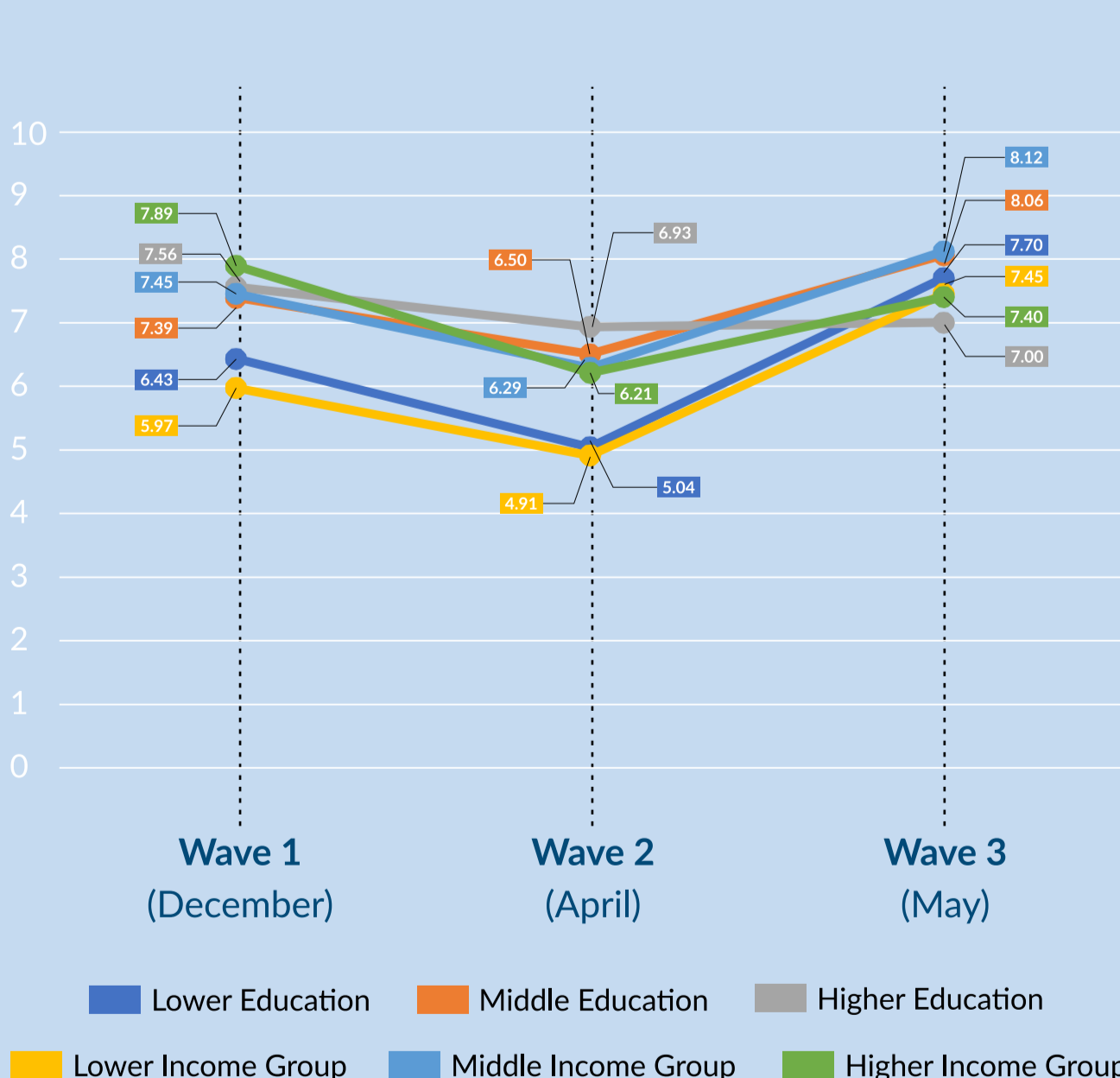


Across social groups, there has been an increase in satisfaction with spirituality and religion during the Coronavirus crisis than before.

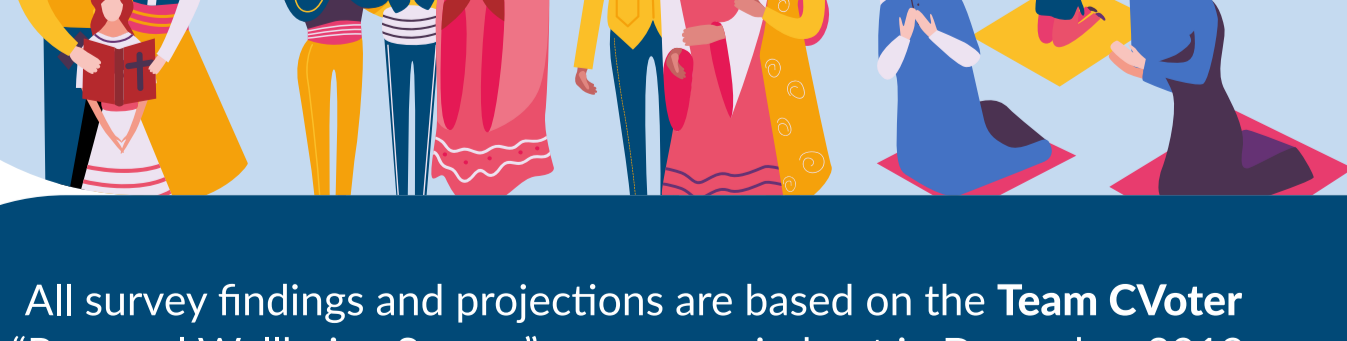
### Highest levels of increase in satisfaction (from December 2019 to May 2020.)



Out of all social groups, Christians reported one of the lowest figures for satisfaction with their spirituality/religion in December and April, however, they reported the highest level of satisfaction in May.



While lower and middle education and income groups reported an increase in satisfaction with their spirituality or religion, those in the higher education and income groups reported a decline in satisfaction from Wave 1 (December 2019) to Wave 3 (May 2020).



All survey findings and projections are based on the Team CVoter "Personal Wellbeing Survey" survey carried out in December 2019, April 2020 and May 2020 among 18+ adults statewide, including every major demographic.

The data is weighted to the known demographic profile of every state, including age group, social group, income, region, gender and education levels. (Sample Size: 2488)